

	SEG	TER	QUA	QUI
09:00	JUDO Vitor / Wagner		JUDO Vitor	
10:00	JUDO (em espera)		JUDO (em espera)	
13:00	JUDO Vitor		JUDO Vitor	
18:00	JUDO Amanda (2 dojos)	KARATE Santana CAPOEIRA Wellington	JUDO Amanda (2 dojos)	KARATE Santana CAPOEIRA Wellington
19:00		KARATE Santana CAPOEIRA Wellington		KARATE Santana CAPOEIRA Wellington
20:30	MUAY THAI Heggas		MUAY THAI Heggas	